



Disclaimer

- Karen Gregory RN is an employee of Total Medical Compliance.
- She is a Hu-Friedy Key Opinion Leader and a consultant for SciCan.
- This does not serve as legal or medical advice.

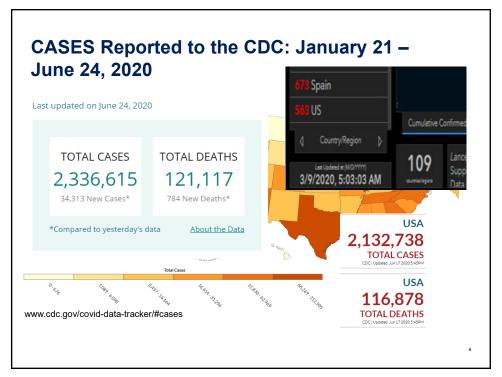
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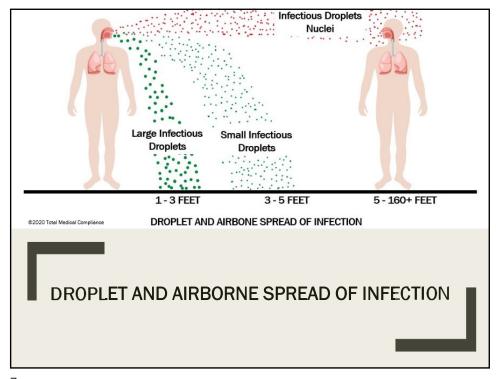
Objectives

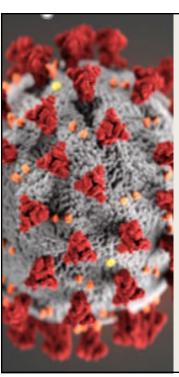
- Discuss the different level of masks based on ASTM categories
- Explain two differences between N95 respirators and surgical masks

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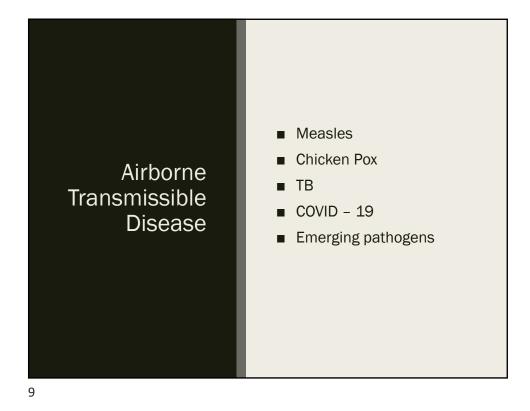




Close Contact

- a) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time; close contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a COVID-19 case
- having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)

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AIRBORNE PRECAUTIONS DROPLET PRECAUTIONS **CONTACT** STOP STOP **STOP STOP STOP** STOF PRECAUTIONS **EVERYONE MUST:** EVERYONE MUST: Clean their hands, including before **EVERYONE MUST:** Clean their hands, including before entering and when leaving the room. Clean their hands, including before entering and when leaving the room. **PROVIDERS AND STAFF MUST ALSO:** Put on a fit-tested N-95 or higher level respirator before Put on gloves before room entry. Discard gloves before room exit. Make sure their eyes, nose and mouth are room entry. Put on gown before room entry. Discard gown before room exit. Remove respirator after exiting the room and closing the door. Do not wear the same gown and glov for the care of more than one person. Use dedicated or disposable equipmer Clean and disinfect reusable equipme before use on another person. Door to room must remain closed. COC Separates U.S. Departure
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Concern and Pre-(A coc TRANSMISSION-BASED PRECAUTIONS

Aerosol - Generating Procedures

- Some procedures performed on patient with known or suspected COVID-19 could generate infectious aerosols. In particular, procedures that are likely to induce coughing (e.g., sputum induction, open suctioning of airways) should be performed cautiously and avoided if possible.
- If performed, the following should occur:
 - HCP in the room should wear an N95 or higher-level respirator, eye protection, gloves, and a gown.
 - The number of HCP present during the procedure should be limited to only those essential for patient care and procedure support. Visitors should not be present for the procedure.
 - AGPs should ideally take place in an airborne infection isolation room (AlIR)
 - Clean and disinfect procedure room surfaces promptly as described in the section on environmental infection control below.

https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html

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Dental Guidance

Aerosol-generating procedures (e.g. use of dental handpieces, air/water syringe, ultrasonic scalers)

- If necessary, for emergency care, use four-handed dentistry, high evacuation suction and dental dams to minimize droplet spatter and aerosols.
- Limit number of DHCP present during the procedure
- N95 respirator or a respirator that offers a higher level of protection

 $\underline{\text{https://www.cdc.gov/coronavirus/2019-ncov/hcp/dental-settings.html}}$

OSHA Guidance on Preparing Workplaces for COVID -19

Very High Exposure Risk

Very high exposure risk jobs are those with high potential for exposure to known or suspected sources of COVID-19 during specific medical, postmortem, or laboratory procedures. Workers in this category include:

Healthcare workers (e.g., doctors, nurses, dentists, paramedics, emergency medical technicians) performing aerosol-generating procedures (e.g., intubation, cough induction procedures, bronchoscopies, some dental procedures and exams, or invasive specimen collection) on known or suspected COVID-19 patients.



Workers, including those who work within 6 feet of patients known to be, or suspected of being, infected with SARS-CoV-2 and those performing aerosol-generating procedures, need to use respirators:

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Low Risk

 Performing administrative duties in non-public areas of dental facilities, away from other staff members.

Medium Risk

- Providing urgent or emergency dental care, not involving AGPs to well
 patients (i.e., to members of the general public who are not known or
 suspected COVID-19 patients).
- Working in busy staff work areas

High Risk

- Entering a known or suspected COVID-19 patient's care area.
- Providing emergency dental care, not involving AGPs, to known or suspected COVID-19 patients.
- Performing AGPs on well patients.

Very High Risk

- Performing AGPs on known or suspected COVID-19 patients.
- Collecting or handling specimens from known or suspected COVID-19 patients.

OSHA Risk Designation - Dental

Community Transmission

Asymptomatic and pre-symptomatic transmission

- · Reduce facility risk
- · Isolate symptomatic patients ASAP
- · Protect healthcare personnel
- · Hospital capacity

Source Control

- · Patients and visitors wearing masks
- · Cloth or disposable
- · Preserve practice supply of PPE

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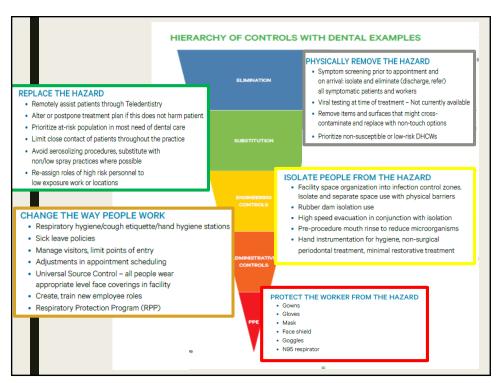
Local health department directory
State health department

State health departmen directory

 $\underline{\text{https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html}}$

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Hazard Assessment

- Infectious agents May not be able to quantify level of exposure OR know what level of exposure will cause infection to an individual
- Identify and evaluate potential exposures to infectious agents by task
- For novel or emerging infectious diseases guidance provided by CDC, OSHA and other agencies

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Pandemic Plan - Hazard Assessment Dental Offices Potential Exposure to SARS - CoV -2/COVID-19							
TASK/LOCATION		PPE		EMPLOYE IMPACTED B TITLE			
Initial patient temperature.	Surgical ma	Gloves Gown/jacket Assistant Surgical mask Hygienist Ctarilization task Plan - Hazard Assessment Medical Offices tial Exposure to SARS - CoV-2/COVID-19					
Check In/Ch	TASK/LOCATION Initial patient triage includi temperature.	ng obtaining	Glove Gown Surgio	al mask rotection hield	EMPLOYEES IMPACTED BY JOB TITLE Doctor/NP/PA RN/LPN CMA/NA Laboratory Radiology Non-clinical staff		
	Check In/Check out patient				Doctor/NP/PA RN/LPN CMA/NA Laboratory Radiology Non-clinical staff		

CDC PPE Guidance

- Identify and gather the proper PPE to don.
- Perform hand hygiene.
- Put on gown.
- Put on NIOSH-approved N95 filtering facepiece respirator or higher.
 - use a facemask if a respirator is not available.
- Put on face shield or goggles.
- Perform hand hygiene before putting on gloves.
- Enter patient room.



https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html

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Lack of Supplies?

- CDC recommends alerting your state/local health department and local healthcare coalition, with helping troubleshoot through temporary shortages.
- FDA encourages manufacturers and healthcare facilities to report supply disruptions to the device shortages mailbox: deviceshortages@fda.hhs.gov.
- Mailbox is closely monitored and is an important surveillance resource to augment FDA efforts to detect and mitigate potential supply chain disruption.

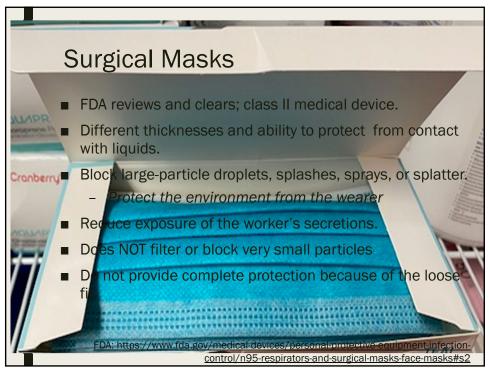
https://success.ada.org/en/practice-management/patients/coronavirusfrequently-asked-questions#employeremployee



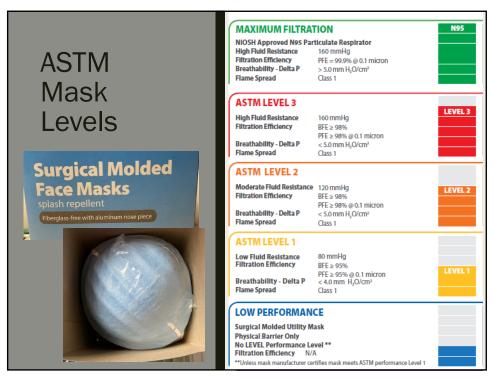
Respiratory Protection

- Facemasks are an acceptable alternative when the supply chain of respirators cannot meet the demand.
- Available respirators should be prioritized for procedures that are likely to generate respiratory aerosols, which would pose the highest exposure risk to HCP.
- Facemasks protect the wearer from splashes and sprays.

Add face shield



Understanding	ASTM Face Mask Performance Levels
FEATURE	EXPLANATION
Fluid Resistance	Mask resistance to penetration by synthetic blood under pressure (mmHg). Higher fluid resistance = Higher protection.
BFE - Bacterial Filtration Efficiency	Percentage of aerosol particles filtered at a size of 3 microns.
PFE - Submicron Particle Filtration Efficiency	Percentage of submicron particles filtered at 0.1 microns.
Delta P - Differential Pressure	Pressure drop across mask, or resistance to air flow in mmH,O/cm ² .
	Z





Examples of Mask Use - Dental Level 1 Level 2 Level 3 Patient Limited oral Complex oral exams surgery surgery Endodontics Op cleaning Crown prep Impressions Prophy • Implant Lab work Restorative Periodontal (trim/polish) surgery Sealants Orthodontics • Ultrasonic scaling Crosstex Secure Fit Mask Technology

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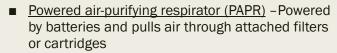


NIOSH Approved Respirators





- <u>Filtering facepiece respirator (FFP)</u> Disposable, single use and removes at least 95% of airborne particles.
- <u>Elastomeric half facepiece respirator</u> Reusable facepiece and replaceable canister, cartridges or filters used to filter user's breathing air.



- Loose fitting: Does not require fit testing.
- Tight fitting: Fit testing required.

https://www.cdc.gov/niosh/npptl/topics/respirators/factsheets/respsars.htmll

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Levels/Types of Respirators

- Rated
 - "N," if they are Not resistant to oil
 - "R" if somewhat Resistant to oil
 - "P" if strongly resistant (oil Proof)
- Filtering capacity
 - N-95, N-99, and N-100
 - R-95, R-99, and R-100
 - P-95, P-99, and P-100

N95 Respirator Healthcare

- Class II medical device
- NIOSH approved
- Tight seal over the mouth and nose
- Fit-testing
- Fluid resistant
- OSHA Respiratory Protection Standard, 29CFR 1910.134

FDA.gov

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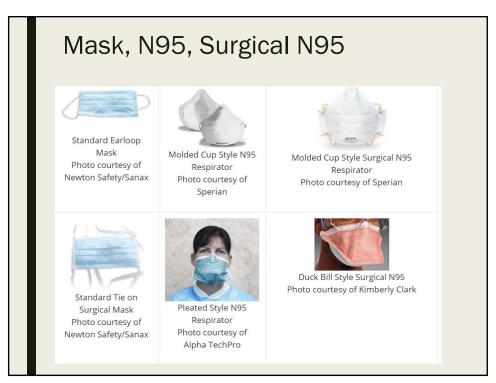
FDA Responds to CDC Request

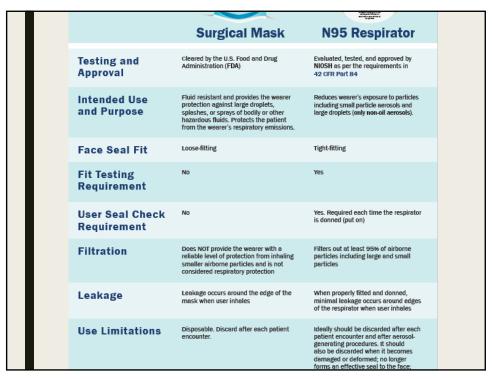
- Emergency Use Authorization 3.28.20
- All disposable filtering facepiece respirators (FFRs) approved by the National Institute for Occupational Safety and Health (NIOSH)
- Respirators from other countries meeting similar NIOSH testing procedures
- Stockpiled respirators
 - FEMA

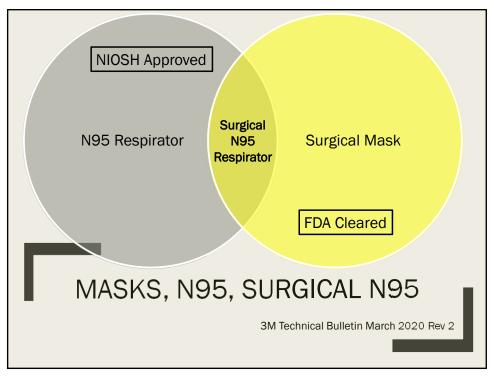
N95 Respirator - Industrial

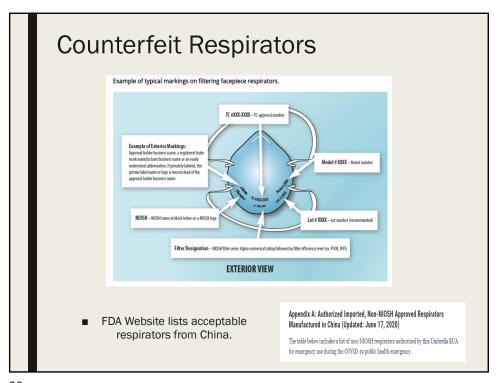
- Tight seal over the mouth and nose
- Fit-testing required
- Not necessarily fluid resistant
- OSHA Respiratory Protection Standard, 29CFR 1910.134
- Regulated by:
 - National Protective Technology Laboratory (NPPTL)
 - National Institute for Occupational Safety and Health (NIOSH)

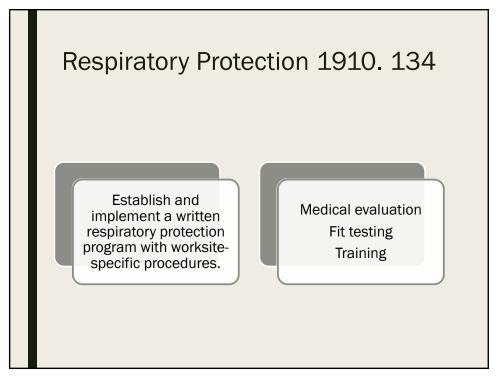
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Medical Evaluation

Prior to fit testing, change in worker health status or job demand

The medical evaluation

- physician or other licensed healthcare professional review responses to the questionnaire
- "in-person" medical examination that obtains the same information

Confidential health information

Respirator Medical Evaluation Ourestionnaire
Respirator Medical Evaluation Ourestionnaire
Respirator must be used in workplaces in which employees are exposed to hazardous
advoorne contaminants. When respiratory profession standard
129 CFR 1901341. Before wearing a respiratory brokestion standard
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used for these evaluations.

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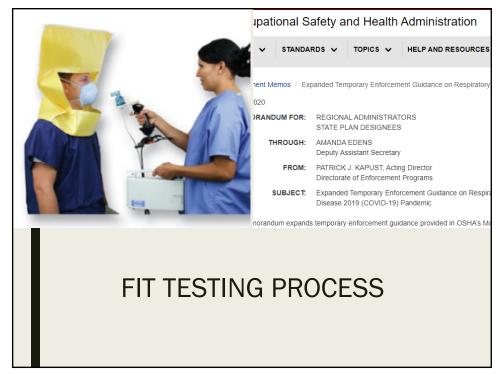
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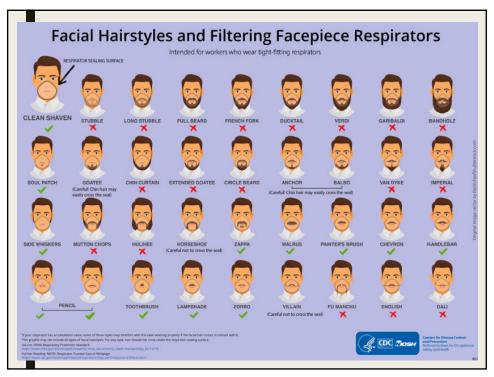
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This memorandum expands temporary enforcement guidance provided in OSHA's March 14, 2020, memorandum to Compliance Safety and Health Officers for enforcing annual fit-testing requirements of the Respiratory Protection standard, 29 CFR § 1910.134(f)(2), with regard to supply shortages of N95s or other filtering facepiece respirators (FFRs) due to the coronavirus disease 2019 (COVID-19) pandemic. OSHA field offices will exercise enforcement discretion concerning the annual fit-testing requirements, as long as employers have made good-faith efforts to comply with the requirements of the Respiratory Protection standard and to follow the steps outlined in the March 14, 2020 memorandum.

Further, given additional concerns regarding a shortage of fit-testing kits and test solutions (e.g., Bitrex™, isoamyl acetate), employers are further encouraged to take necessary steps to prioritize use of fit-testing equipment to protect employees who must use respirators for high-hazard procedures.

In the absence of quantitative or qualitative fit-testing capabilities required under mandatory Appendix A to 29 CFR § 1910.134 Appendix A, the following additional guidance is provided to assist with decision-making with respect to use of N95s or other FFRs. Most respirator manufacturers produce multiple models that use the same basic head form for size/fit. Manufacturers may have a crosswalk (i.e., a list of their respirators with equivalent fit). Therefore, if a user's respirator model (e.g., model x) is out of stock, employers should consult the manufacturer to see if it recommends a different model (e.g., model y or z) that fits similarly to the model (x) used previously by employees.

During this COVID-19 pandemic, OSHA field offices should exercise additional enforcement discretion regarding compliance with 29 CFR § 1910.134(f) when an employer switches to an equivalent-fitting make/model/size/style N95 or other filtering facepiece respirator without first performing an initial quantitative or qualitative fit test

Fit Under Fire

Situational Strategies to Achieve the Best Respirator Fit During Crisis

- Under **serious outbreak conditions** in which respirator supplies are severely limited, however, you may not have the opportunity to be fit tested on a respirator before you need to use it.
- While this is not ideal, in this scenario, you should work with your employer to choose the respirator that fits you best, as, even without fit testing, a respirator will provide better protection than a facemask or using no respirator at al

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Position the respirator in your hands with the nose piece at



Cup the respirator in your hand allowing the headbands to hang below your hand. Hold the respirator under your chin with the nosepiece up.



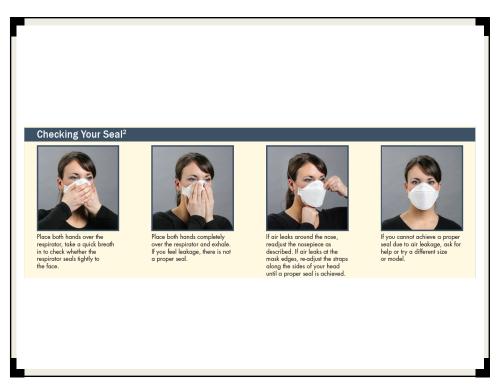
The top strap (on single or double strap respirators) goes over and rests at the top back of your head. The bottom strap is positioned around the neck and below the ears. Do not crissrrass straps



Place your fingertips from both hands at the top of the metal nose clip (if present). Slide fingertips down both sides of the metal strip to mold the nose area to the shape of your nose.

Removing Your Respirator DO NOT TOUCH the front of the respirator! It may be contaminated! Remove by pulling the bottom strap over back of head, followed by the tops strop, without touching the respirator. Discard in waste container. WASH YOUR HANDS! followed by the tops strop, without touching the respirator.

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Assumptions

- Aware of facemask inventory and supply chain.
- Aware of facemask utilization rate.
- Facilities are in communication with local healthcare coalitions, federal, state, and local public health partners (e.g., public health emergency preparedness and response staff) regarding identification of additional supplies.
- Facilities have already implemented other <u>engineering and</u> <u>administrative control measures</u> including:
 - Reduction in number of patients seen
 - Reducing face-to-face HCP encounters with patients
 - Maximizing use of telemedicine
- Training for any changes to normal processes.

https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/face-masks.html

Surge Capacity

- Conventional capacity: No change in the delivery of patient care.
- Contingency capacity: May change daily practices but may not have any significant impact on the care delivered to the patient or the safety of healthcare personnel.
- Crisis capacity: Are not commensurate with U.S. standards of care. These measures, or a combination of these measures, may need to be considered during periods of known facemask shortages.

https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/face-masks.html

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Crisis Capacity

- Cancel all elective and non-urgent procedures and appointments
- Use facemasks beyond the manufacturer-designated shelf life
- Implement limited re-use of facemasks using the same facemask by one HCP for multiple encounters with different patients but removing it after each encounter.
 - Carefully remove, not touching front of mask
 - Discard if soiled, damaged, hard to breath through
 - Masks with elastic loops better choice

Extended Use: N95 Respirator

- Wearing the same N95 respirator for close contact encounters with several patients, without removing the respirator between patient encounters
- Involves less touching of the respirator and therefore less risk of contact transmission

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Limited Reuse: N95 Respirators

- Using the same N95 respirator, for multiple encounters, different patients BUT removing it after each encounter.
- Consult with manufacturer regarding maximum uses.
 - No guidance available: no more than 5 uses
- Do NOT share N95 and other disposable respirators

https://www.cdc.gov/coronavirus/2019-ncov/hcp/respirators-strategy/index.html?CDC AA refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Frespirators-strategy%2Fcrisis-alternate-strategies.html

Contamination is a Risk

- Discard grossly contaminated respirators.
- Use a face shield or facemask over the respirator to reduce/prevent contamination of the N95 respirator.
- Use clean pair of gloves when re-using, donning or adjusting a previously worn N95 respirator.
- Discard gloves and perform hand hygiene after the respirator is donned or adjusted.

NOTE:

³ Use of a cleanable face shield is strongly preferred to a surgical mask to reduce N95 respirator contamination. Concerns have been raised that supplies of surgical masks may also be in limited supply during a public health emergency and that the use of a surgical mask could affect the function of the N95 respirator.(17)

https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html

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Decontamination

Guidance on potential methods

Decontamination and Reuse of Filtering Facepiece Respirators

Disposable filtering facepiece respirators (FFRs) are not approved for routine decontamination and reuse as standard of care. However, FFR decontamination and reuse may need to be considered as a crisis capacity strategy to ensure continued availability. Based on the limited research available, ultraviolet germicidal irradiation, vaporous hydrogen peroxide, and moist heat showed the most promise as potential methods to decontaminate FFRs. This document summarizes research about decontamination of FFRs before reuse.

Introduction

Reusing disposable filtering facepiece respirators (FFRs) has been suggested as a contingency capacity strategy to conserve available supplies for healthcare environments during a pandemic. Strategies for FFR extended use and reuse (without decontamination of the respirator) are currently available from CDC's National Institute for Occupational Safety and Health (NIOSH).

https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppestrategy/decontamination-reuse-respirators.html

Removing PPE

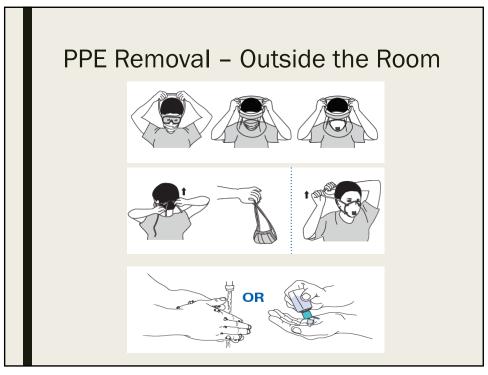
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- Remove gloves.
- Remove gown.
- Healthcare personnel may now exit patient room.
- Perform hand hygiene.
- Remove face shield or goggles.
- Remove and discard respirator (or facemask if used instead of respirator). Do not touch the front of the respirator or facemask.
- Perform hand hygiene after removing the respirator/facemask and before putting it on again if your workplace is practicing reuse.

https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html

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PPE Removal – In the Room





Storage

- Manufacturers provide instructions for cleaning, sanitizing, repairing, inspecting, and storing their respirators.
- Packed or stored so that the respirators do not become damaged or deformed.
- Never store disposable respirators in pockets, plastic bags, or other confined areas.
- Remove the respirator and either hang it in a designated area or place it in a bag
 - Label respirators with a user's name before use

Worker Exposure?

48 hours after appointment

HEALTHCARE PERSONNEL (HCP) POTENTIAL EXPOSURE DETERMINATION (HEALTHCARE SETTING TO PATIENTS, VISITORS, OR OTHER HCP WITH CONFIRMED COVID-19)

EXPOSURE

PERSONAL PROTECTIVE EQUIPMENT USED

DESCRIPTION

HCP who had prolonged close contact* with a patient, visitor, or HCP with confirmed COVID-19

- HCP not wearing a respirator or facemask
- HCP not wearing eye protection if the person with COVID-19 was not wearing a cloth face covering or facemask
- HCP not wearing all recommended PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure
- Exclude from work for 14 days after last exposure
- Advise HCP to monitor themselves for fever or symptoms consistent with COVID-19
- Any HCP who develop fever or symptoms consistent with COVID-19 should immediately contact their established point of contact (e.g., occupational health program) to arrange for medical evaluation and testing.

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After Patient Discharge

- Disinfect surfaces with EPA registered hospital level disinfectant
- EPA list of products
- American Chemistry

VIRUCIDAL* In the presence of 5% serul 30 seconds contact time on hard, non-pol environmental surfaces.

- Human Coronavirus
- · Influenza A Virus (Hong Kong Strain)
- Herpes Simplex Virus Type 1
- Herpes Simplex Virus Type 2
- · Rotavirus (WA strain)
- Rhinovirus Type 37
- · HIV Type 1 Strain HTLV III,
- Hepatitis B Virus (HBV)
 (Duck Hepatitis B Virus as the surrogate)
- Hepatitis C Virus (HCV) (Bovine Viral Diarrhea Virus as the surroge
- Norovirus (Feline Calicivirus as the surrog
- Influenza B Virus
- Pandemic Influenza A Virus H1N1
- Parainfluenza Virus Type 3
- Respiratory Syncytial Virus (RSV)
- Cytomegalovirus
- Adenovirus Type 8

RACTERICIDAL In the presence of 5%

Table B.1. Air changes/hour (ACH) and time required for airborne-contaminant removal by efficiency *

ACH § ¶	Time (mins.) required for removal 99% efficiency	Time (mins.) required for removal 99.9% efficiency
2	138	207
4	69	104
6+	46	69
8	35	52
10⁺	28	41

AFTER PATIENT DISCHARGE

SOURCE: www.cdc.gov/infectioncontrol/guidelines/environmental/appendix/air.html#b1

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TMC Resource Page

TMC COVID – 19 Resource Page

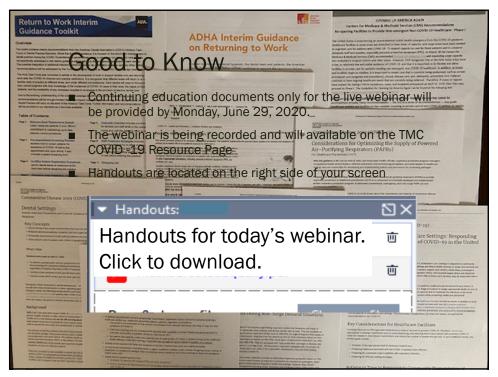


Trusted Resources

- CDC Coronavirus website
- Local health department
- State health department
- OSAP.org
- ADA Coronavirus Info
- EPA list of products
- American Chemistry
- N95 Filtering Facepiece Respirator Information
 - Information on Respirator Use
 - Use of stockpiled equipment

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New Checklist Best Practices for Infection Control in Dental Practices During the COVID-19 Pandemic OSAP/DQP BEST PRACTICES FOR INFECTION CONTROL IN DENTAL CLINICS DURING THE COVID-19 PANDEMIC



References

- <u>COVID -19</u>
- Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus
 Disease 2019 (COVID-19) in Healthcare Settings
- Johns Hopkins
- WHO
- OSAP
- ADA
- NIOSH

Thank you!

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